



VILLE DE LAC-BROME
TOWN OF BROME LAKE

VLB

INFO



TBL

BULLETIN MUNICIPAL D'INFORMATION ■ MUNICIPAL NEWS BULLETIN

Fall 2025

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The End of a Chapter





A RETROSPECTIVE ON 12 YEARS AS MAYOR

Dear readers,

We're departing from our tradition where the first page of our bulletin was dedicated to a Word from the Mayor. With the municipal elections fast approaching, Mayor Richard Burcombe has confirmed that the present mandate will be his last as first magistrate of our Town.

Since this is the last edition of *VLB info TBL* under his leadership, it's time for a retrospective. Let's therefore review the past 12 years (or three mandates) in an 11-question interview.

1. You will, of course, remember your first meeting of Council as Mayor in 2013. What was notable for you at the time?

I certainly remember it! The room was full, and many people were happy with the arrival of a new Council. Citizens were grateful to see that everything was operating on a harmonious basis, with enriching exchanges at the Council table. With the exception of one counselor, we were all new to municipal politics and it was fascinating to launch this new adventure together!

2. What motivated you to follow through for three mandates?

During our first two mandates, we hired qualified staff. The team was strong and it was a pleasure to collaborate with them to manage many projects we had on the table. Council

worked well together and many projects moved ahead positively. I had previously indicated my wish to complete two mandates. I was, however, proud of our record and I felt that I still had a contribution to make. That's why I decided to run for a third term despite the outbreak of the pandemic. Now the time has come for me to move on and do other things!

3. How would you describe the evolution of the municipality since you became mayor?

Before my arrival as mayor, the number of visitors had fallen sharply, especially because of the closing of Glen Mountain some years earlier. We can say that tourism was stagnant. But Brome Lake remains a quiet town where it's good to live. With the passage of time, we have seen an increase in the price of homes, some sectors saw the addition of new construction. Now, tourism seems

to have returned to a good level, and our commercial atmosphere has improved. I still miss certain addresses like Chez Guy or the restaurant at Dépanneur Rouge, but things are moving in the right direction.

When I arrived, Brome Lake had a population of 5500; today we are 6300. There are a number of new residents, especially young families, which is good news. Brome Lake remains a place of choice for retirement, but I find that it has once again become a dynamic town with a pleasing lifestyle.

4. How would you describe the evolution of the role of elected officials since your debut in municipal politics?

Certainly, at the start of my first mandate, the role of the elected official was greatly respected and considered important. I must admit that the function has changed considerably since COVID. We can see this everywhere in Quebec; a number of elected officials have left municipal life during the present mandate (2021 – 2025) and that's not surprising. The pandemic had a negative effect on the level of respect towards elected representatives.

Today, an elected official must be much more involved in his or her responsibilities in order to remain in touch with what's going on and to be better able to take on the responsibilities of a municipality. This came, in large part, from a transfer of responsibilities from the provincial government. Citizens rely on their municipality more than ever before.

5. Did you accomplish the objectives that you had set for yourself as mayor?

Yes, in large part because of a Strategic Plan put into place in 2015, to my knowledge one of the first such plans for the Town of Brome Lake, then a second one in 2024. During these years, we accomplished many things: the installation of the bridges at Trestle Cove and on Quilliams Creek which brought about the creation of a magnificent trail, connecting with the network of the Sentiers de l'Estrie trails.

The Town created a magnificent green space in its Town Centre with the purchase and demolition of two old buildings. We

are fortunate to have such a beautiful park in the centre of our town. I am also very proud of the renovation of the Town Hall, a heritage building, the rebuilding of the Mill Pond dam, the Carke Terrace and the improvement of pedestrian traffic with the addition of a number of sidewalks. What I am most proud of is having brought back a peaceful atmosphere after some difficult years. This is what I campaigned on and I'm proud to have accomplished it.

6. Which decisions or projects make you most proud?

Without hesitation, the bridges and the refurbishing of the dam. These are very complex projects and I'm very proud of the work done by the team.

7. According to you, what was the greatest challenge that you had to face during your mandates?

For me, the greatest challenge has always been to ensure that everything runs smoothly at Town Hall between staff and elected officials. Creating a good work environment was very important. We have hired excellent people, and I wanted everyone to get along so relationships would work well. As I often say, everyone has to work together to achieve good results.

8. How did this experience as mayor change you personally?

I knew what I was getting into because, as a former police officer, I quickly learned how to develop a thick skin. However, since the pandemic, as I mentioned, there was a real change in the attitude of certain citizens towards elected officials, especially in terms of aggressiveness. Sometimes it made me come out of my comfort zone. The phenomenon is widespread and does not apply only to the Town of Brome Lake.

9. What advice would you give to the elected official you were 12 years ago?

Develop good listening skills. I was always known in the *Sûreté du Québec* as someone who would always had a good ear and this is, in my opinion, a very important quality for a politician. Citizens are not always satisfied with every decision, but we must

listen to them and respect their opinion.

A politician who is starting up must be prepared to be criticized either in the Council Chamber, in the newspapers or in social media. One must be able to take criticism and continue working without losing sight of the reason why he or she entered politics.

10. Are there now certain projects that you would like to complete?

What I will miss the most as mayor is, no doubt, the interaction with citizens. I will now step away from politics to become an ordinary citizen and look after things around the house. It will be a time to reflect on things accomplished as a police officer and as mayor, after having switched almost directly from the *Sûreté du Québec* to municipal politics. And, to answer the question... no, I will not write a book!

11. If you were to summarize your time as mayor in one sentence, what would it be?

I was surrounded by a fantastic team and we accomplished a number of beautiful projects.

On behalf of the whole municipal team, we wish to express to you, Mr. Mayor, our deepest gratitude for your involvement in politics, your leadership, and your dedication to this community. It was a privilege and a pleasure to work with you all these years and to share your projects and your vision for our town. We offer you our best wishes for success and happiness. ■

A MORATORIUM TO BETTER PLAN THE FUTURE OF OUR TOWN CENTRE



The area covered by the interim control covers downtown Brome Lake.

What the moratorium covers

Here is the type of project covered by this measure:

TYPE OF PROJECT	STATUS DURING THE MORATORIUM
Construction of multi-lodging buildings (3 or more units)	Suspended
Two-story buildings	Suspended
Integrated residential projects	Suspended
Opening or extension of streets	Suspended

Affected zones

The attached map shows the affected zones:

- to the West by Victoria Street and Knowlton Road
- to the North by Lakeside Road (near the museum)
- to the East by Knowlton Road (near the United Church)
- to the South by Mont Echo Road (near the fire station)

And now?

The moratorium is a temporary measure. The Town is now working on an overall vision which will serve as a basis for the complete review of town planning. The public will be asked to contribute at certain key moments in the process, the schedule for which will be announced this fall.

Questions?

Do not hesitate to write us at urbanisme@lacbrome.ca! ■

Municipal Council recently adopted an interim control measure, resulting in a temporary freeze on certain construction sites in the town core of Knowlton. This moratorium is part of a strategic plan to define and share a clear vision for the development of this important sector.

Why this moratorium?

Our Town Centre (or heart of the village) is a prime location, appreciated by residents and visitors alike. However, over the last few years, certain development projects raised concerns about their integration into the current landscape.

These projects complied with existing regulations, in effect since 2013, but they no longer adequately reflect present-day reality. Over the last five years, the number of development projects has increased significantly.

This temporary freeze will allow the Town to:

- Reflect on the global development of the Town Centre
- Better handle future projects so they integrate harmoniously
- Preserve the village character and the heritage buildings
- Plan quality public spaces and safe travel for all

This initiative is linked to two recently adopted key documents: the [Housing Policy](#) and the [2024-2028 Strategic Plan](#).

It is also part of the revitalization of the Town Centre project, which includes an upgrading of underground infrastructure in the area.



The current Fire and Public Safety service building was erected in 1973.

NEW INFORMATION ABOUT THE FIRE STATION

On the books for a few years now, the plan for the construction of a new fire station in the Town of Brome Lake continues to make progress. However, we will have to wait a while before seeing the start of construction.

While it was pre-selected in 2023 for a subsidy from the Ministère des Affaires municipales, the Brome Lake project did not escape the provincial government's budget cuts, as was the case in a number of other municipalities. Because of the recently announced cutbacks, certain approved subsidies have been postponed.

At the end of June, the Town received a new communication from the Ministère des Affaires municipales confirming that the project remained a priority and was pre-selected as part of the subsidy program in effect. The amounts intended for the Town of Brome Lake will, however, only be paid during the 2027-2028 financial exercise.

Consequently, the project which was contained in the 2026 municipal budget is carried over for another 12 months. If this additional delay requires a little more patience, it nevertheless confirms the government's commitment to support this important project.

The Town will continue to take the necessary preparatory steps in order to launch the project as soon as financing is made available. ■

MORE TOOLS TO BETTER MANAGE THE SHORELINE!

The riparian buffers plays an essential role in the protection of Brome Lake. It acts as a natural filter, prevents erosion, limits sedimentation and contributes to the quality of water. To assist citizens in the management of their shoreline, the Town has recently updated the website page that is dedicated to this subject. You'll find practical tools on the different types of management, plans that can be downloaded and information on preferable plants.

You will find all of this by visiting: lacbrome.ca/riparianbuffers. ■



A SIMPLIFIED ACCESS TO MUNICIPAL SERVICES

The Town of Brome Lake offers its citizens a phone number that is easy to remember to reach the municipal administration: the 311 line.

Installed in partnership with CITAM — which is already responsible for the management of our alerts and mass notifications — this telephone line constitutes ready access to all municipal services.

Accessible to all people on the territory of the Town of Brome Lake at any time, 311 enables you to:

- obtain general information
- identify a problem
- make a request

Operating 24 hours a day, seven days a week, this service seeks to enhance effective communication with citizens.

The Town invites its citizens to sign up with the alert and mass notification system, an essential tool to reach the population during a boil water advisory, an evacuation order or other emergency situation. This service allows each person to choose the method of communication they prefer: residential telephone, mobile phone, text message or e-mail.

We also remind you that the usual Town Hall number 450 243-6111 is operational and may be used at any time.

Finally, the Town wishes to remind you that 911 is the number to be used in emergency situations where an immediate intervention is required by the police, firefighters or first responders. ■

THE CARKE TERRACE IS NOW OPEN AND ACCESSIBLE TO ALL!



1. The Carke Terrace seen from the air. The installations have been built on a large lot on both sides of Bondville Road, offering a third public access to Brome Lake.

On July 9th, the Carke Terrace was officially inaugurated. On this occasion, representatives of the Carke Foundation and the Town were present to mark the completion of this project.

In 2024, work began on the preparation of the land and the addition of a dock on the lake shore.

In 2025, efforts were focused on a portion of the lot situated on the other side of Bondville Road, with the construction of a sanitary unit and a parking area with some 20 spaces.

The new installation is ready for you to use! Here are a few photographs.



2. Some 20 parking spaces are available for residents and visitors.

3. Going on an excursion with your non-motorized watercraft?
No problem! You can leave your personal effects in a locker.

4. Terrasse Carke – view from the right side.

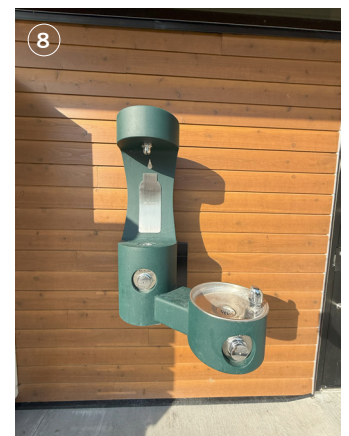
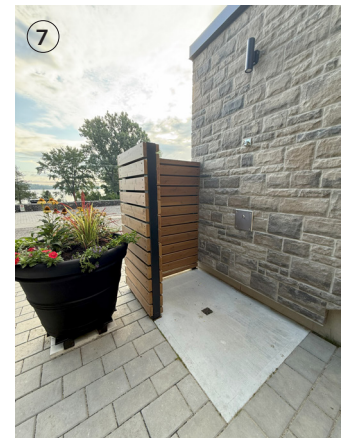
5. The 900 sq ft sanitary unit contains 2 separate washrooms.



6. A terrace with a magnificent view of Brome Lake is accessible on the roof of the sanitary unit.

7. An outdoor shower has been installed.

8. Sporting types travelling on Bondville Road will now have access to drinking water.





Since May 2024, Nicholas Brien has been acting as interim Director of Recreation, Culture, Tourism and Community Life.

THANK YOU TO NICHOLAS BRIEN FOR HIS MANDATE AS INTERIM DIRECTOR OF THE LEISURE DEPARTMENT!

A little more than a year after having accepted the interim direction of the Leisure, Culture, Tourism and Community Life Service, Nicholas Brien concludes his mandate with a sense of accomplishment. Since May 2024, he was filling in for Cynthia Brunelle, who was on maternity leave.

During a meeting held in the summer, a few weeks before his departure, he indicated that he was particularly proud of his contribution to the improvement of the day camp program, notably with regard to the use of Douglass Beach. This allowed children to take full advantage of Brome Lake and the installations. He hopes that this initiative will continue in the years to come and even improved with the addition of infrastructures such as the Carke Terrace.

Another significant accomplishment: the addition of three pickleball courts near those already in place in Lions Park. As the work will be performed in part by Public Works, the money saved will be reinvested in order to enhance the project.

In addition, Nicholas Brien is pleased to have contributed to bringing together a number of community organizations. He believes that this step is an opportunity to coordinate services that are offered, maximize services and limit the overlapping of services.

The Town of Brome Lake wishes to thank Nicholas Brien for the time spent as part of the team. His involvement, professionalism and contribution were greatly appreciated.

In closing, we wish a warm welcome to Cynthia Brunelle who resumes her role in mid-August. The entire team is happy to have her back and wish her success in the pursuit of new projects. ■

TRAFFIC CALMING: REQUESTS MAY BE SUBMITTED ONLINE

Attentive as ever to the wishes of its citizens, the Town of Brome Lake allows its citizens to report any problematic situation or to make a request online with respect to safety or traffic movement on the local road network.

Whether it's a request concerning signage, excessive speed, the establishment of a pedestrian crossing or any other matter dealing with traffic, citizens are invited to fill out the form provided on the [Town's website](#).

Each request will be thoroughly reviewed by the traffic committee. This committee is made up of elected officials, staff members, and representatives of the *Sûreté du Québec*, and it analyzes and makes recommendations to support Council decisions.

With this initiative, the Town reaffirms its commitment to proactive and collaborative traffic management, respectful of the needs expressed by citizens and principles of public safety. ■



RECYCLING: SOMETHING NEW IN THE BIN

Since January 1st, recycling in Quebec has changed. A fresh breeze has blown over our recycling bins, thanks to a reorganization handled by *Éco Entreprises Québec* (EEQ) which is now the official manager of the system across the territory. The objective? To simplify collection, make rules uniform and improve the environmental effectiveness of the process. Yes, even your bin deserves an update.

The cleanup starts with a simple list of accepted material, common to all municipalities. No more hesitation about facial tissue boxes or trays from mushrooms. From now on, it's very simple: **Containers, packaging, printed paper. That's it.**

Putting it another way, if it doesn't wrap anything, if it does not have printing on it or it didn't contain anything, it does not go into the recycling bin. Please note: aerosol cans and Styrofoam must be brought to the Ecocentre.

More news: we're no longer calling it recycling, it's now recuperation. Why this change? Because what you do at home – sorting, rinsing, placing in the bin – that is recuperation. Recycling starts once the material has been transported to the collection center. That's where the transformation and reintroduction into the production cycle begins.

And because there may be uncertainty about certain day-to-day objects – such as a plastic tray, a pizza box or a bottle of oil – [Bin Impact](#) has been designed to guide citizens in their sorting activities. This online tool, which is as simple as it is useful, enables you to quickly check whether an item should go into the bin or not. You'll also find practical advice and actions to avoid.

Let's remember that this reform is part of a collective desire to improve the management of residual material in Quebec. By simplifying the

What to put, or not to put, in the recycling bin?

Containers, packaging, printed matter. That's it.



NEED MORE INFO
ABOUT THE BIN?
VISIT BINIMPACT.CA

EXAMPLES OF CONTAINERS AND PACKAGING

- ✓ Household cleaning product container
- ✓ Packaging, jar and container of food products
- ✓ Cardboard box
- ✓ Aluminum foil and plate
- ✓ Packaging of takeaway and prepared food



EXAMPLES OF PRINTED PAPER

- ✓ Newspapers and flyers
- ✓ Envelopes
- ✓ Lined or squared paper sheets
- ✓ Notebooks



rules, promoting knowledgeable participation and ensuring better treatment of recyclable materials, we can maximize the environmental benefit while eliminating headaches at home.

In summary: One bin, three categories, zero headaches.

Containers, packaging, printed paper. That's it.

DOING THE RIGHT THING

- Empty and rinse out containers
- Make a ball of aluminum foil
- Separate recyclable materials that are from the same container or package
- Deposit recyclable materials separately in the bin

BECOME A MEDICAL FIRST RESPONDER: A TANGIBLE WAY TO SERVE YOUR COMMUNITY

The Town of Brome Lake is looking for citizens with a deep desire to contribute to the collective well-being of their community. By joining the medical first responder team, you will have the opportunity to play an essential role during situations where every minute counts.

Being a first responder is a way to contribute to your community through a rapid intervention to rescue and support citizens in their most vulnerable moments. It is a profoundly human involvement which is both demanding and meaningful.

This role demands:

- a minimal availability of four 12 hour shifts per month

- good physical ability, in particular for lifting and carrying certain weight
- a tolerance to stress and good judgment in emergency situations
- functional English, in order to communicate effectively with all of the population

By joining this team, you will receive the necessary training and you will be supported by your colleagues.

Make a concrete gesture to your community by joining the medical first responders. ■



TREES AND THEIR ECOLOGICAL VALUE



A dead tree on your property promotes wildlife biodiversity, especially when left near a body of water or wetland.

Trees are important allies for the environment. In addition to producing oxygen, they act as natural filters capturing carbon dioxide and many atmospheric pollutants. Thanks to their root system, they stabilize the soil, prevent erosion and facilitate the absorption of rainwater, reducing the risk of floods and contamination of bodies of water. During heat waves, they provide refreshing shade and release humidity into the air which contributes to cooling residential areas. Trees also have an essential role in biodiversity by offering a habitat to numerous species of birds, insects and small mammals. In short, they support a natural balance that we benefit from, often without noticing it!

When tree felling is justified

Our trees are part of the charm and quality of life in Brome Lake. Sometimes, however, they must be felled because they are sick or dangerous or, in certain circumstances, when it is required in the regulations. Depending on the number or location, especially near a body of water, a felling permit or authorization may be necessary. A call to the Town before acting can allow you to ensure that your work is done within the regulations... and that our landscape remains as welcoming as ever for years to come.

Replanting after felling

After felling a tree, it is essential to think about replacing it with a new planting. Replanting a tree gives the community a valuable ecological heritage. The logic of the 3-30-300 rule which seeks to improve the quality of urban life, is to see at least 3 trees on your lot, in a neighborhood where 30% of the surface is covered with trees, and to live less than 300 meters from a green space. This approach, which

is based on nature, allows for the creation of towns that are greener, healthier, and more resistant to climate change.

It is, however, important to choose a species that is adapted to the soil, the available space and the local conditions. It is also important to plant many different species to avoid a natural catastrophe that could wipe out the trees in the sector, as happened with the ash trees and elms.

After the felling of a tree, it is essential to think about its replacement and to proceed with replanting. Not only do trees play a key role in the air quality, the management of rainwater and reduction of heat islands, but they also contribute to the beauty and biodiversity of our living space. Replanting a tree gives the community a valuable ecological heritage. The guide on reforestation in urban areas from UQAM offers practical advice to make informed choices to ensure success. A tree planted today is an investment for future generations.

On the other hand, certain reasons are not sufficient to justify the felling of a tree. For example, the simple fact that a tree is losing its leaves, is creating shade on the lawn or is partially blocking the view is not a valid excuse. Such inconveniences are part of the natural cycle and can often be remedied by good maintenance or a light trimming.

A healthy tree offers many ecological advantages and constitutes an asset to the quality of life of an entire neighborhood. It is therefore preferable to seek alternative solutions before taking out the saw! ■

DEAD TREES

Did you know that dead trees support more life than living trees?

A dead tree, lying on the ground or standing, is used by animals to perch, feed, take cover or make nests. Conserving a dead tree on your property favours faunical biodiversity, especially when they are left near bodies of water and wetlands. To ensure safety, one should only maintain a dead tree when it is far from traffic or activity zones. The best way to ensure the general safety of a dead tree that is still standing is to remove the top of the tree to reduce its height, leaving only the main trunk without branches.

EVENTS CALENDAR

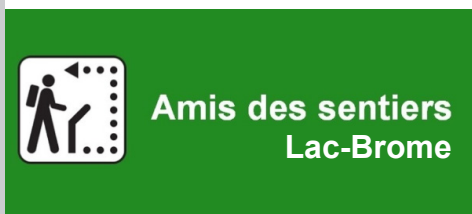


Friday September 19, Friday October 24, Friday November 16 ► 9 a.m. to 10 a.m.

Brome Lake Food Bank

For registered clients.

- 📍 Centre Lac-Brome - 270, Victoria St.
- 📞 For emergencies, call:
Gary Crandall, 450 242-2020, ext. 319
- 🆓 Free



Thursdays ► 10 a.m. to noon

Les Amis des Sentiers Lac-Brome

Walks every Thursday morning throughout the year.

- 📍 See online: clubdelabonnehumeur.ca
- 📞 450 242-1003
- 🆓 Free



Fall Activities

Club de la Bonne Humeur de Lac-Brome

These activities are reserved for members of the Club de la Bonne Humeur. Contact them to register. 50 years and older. For a complete list of activities available, please

consult the table at page 25 or go online.

- 📞 450 243-5620
- 📧 info@clubdelabonnehumeur.ca
- 🌐 clubdelabonnehumeur.ca

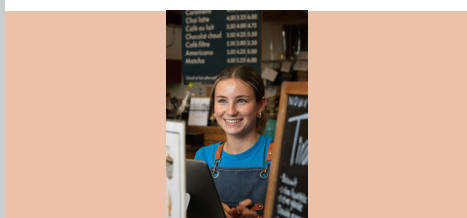


Anytime

Théâtre Lac-Brome

Subscribe to our newsletter! It is a fun way to discover more information about upcoming shows, behind-the-scene activities, and what's going on at TLB!

- 📍 Théâtre Lac-Brome - Mont-Écho Rd
- 📞 450 242-2270
- 🌐 theatrelacbrome.ca/newsletter
- 🌐 theatrelacbrome.ca
- 🆓 Free



First Saturday of every month ► 8 a.m. to 4 p.m.

Virgin Hill Coffee Roasters

Free tasting!

Join us on the first Saturday of every month for a free tasting!

- 📍 Virgin Hill Coffee Roasters - 770, Lakeside Rd.
- 📞 info@virginhillcoffee.com
- 🌐 virginhillcoffee.com - 450 539-5222
- 🆓 Free



Every Wednesday

Brûlerie Virgin Hill Coffee Merc(H)redi

Every Wednesday, customers who come in with their VH merchandise receive a latte!

- 📍 Brûlerie Virgin Hill Coffee - 770, Lakeside Rd.
- 📞 info@virginhillcoffee.com
- 🌐 virginhillcoffee.com - 450 539-5222
- 🆓 Free



Monday to Friday ► 10 a.m.

Brûlerie Virgin Hill Coffee Coffee Roasting Demos

From crop to cup: Explore the process of coffee.

- 📍 Brûlerie Virgin Hill Coffee - 770, Lakeside Rd.
- 📞 info@virginhillcoffee.com
- 🌐 virginhillcoffee.com - 450 539-5222
- 🆓 Free



Fridays

► Arrival time 12:45 p.m. - From 1 p.m. to 4 p.m.

Brome Lake bridge club

A social place where you can encounter and stimulate your intellect. It is a game where you develop your memory and attention all in a friendly environment every Friday at the Community Center. We also offer a beginner's course. The bridge session is supervised by a bridge director.

📍 Centre Lac-Brome - 270, Victoria St.
 📞 Colette Martial: 450 955-1410
 colettemartial@videotron.ca
 💰 \$5/person

Ateliers parents-enfants

Parent-child workshops



Mondays and Wednesdays

► 9:30 a.m. to noon

Parent-Child Workshop

Join our Parent-Child Workshops, where parents and children (aged 0-5) participate in fun and interactive activities together. Strengthen bonds, explore creativity, and learn through play! Places are limited.

📍 Centre Lac-Brome - 270, Victoria St.
 📞 ressourcefamilleaclb@gmail.com or
 actioncommunautairelacbrome@gmail.com
 💰 Free



Every Saturday, up to October 11

► 8:30 a.m. to 12:30 p.m.

Farmer's Market

📍 48, Maple St.
 🌐 lacbrome.ca/marche-public

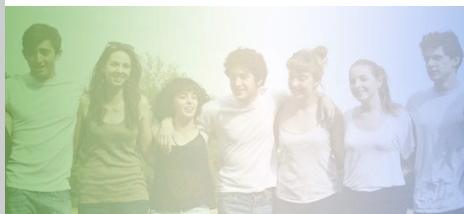


Wednesdays ► 3:30 p.m. to 4:30 p.m.

Club 9-12

Club 9-12 is back.
 Free snacks offered – places limited.

📍 Centre Lac-Brome - 270, Victoria St.
 📞 ressourcefamilleaclb@gmail.com or
 actioncommunautairelacbrome@gmail.com
 💰 Free



This Fall

District 12-17

More info to come.

📞 Caroline Hadlock, activity coordinator via email at
 lacbromedistrict1217@gmail.com or
 actioncommunautairelacbrome@gmail.com
 🌐 facebook.com/District12-17



This Fall

Drop-in Daycare

More info to come.
 Follow our FB page: ACLB Playgroup /
 Groupe de jeux ACLB.

📞 actioncommunautairelacbrome@gmail.com



Tuesdays ► 1 p.m. to 4 p.m.

Art Between Us

September 30 to December 9 (no activity on October 14).

Beginning of the session of 10 artistic meetings of the group "Art Between Us".

📍 Centre Lac-Brome - 270, Victoria St.
 ☎ szablaborche@gmail.com - 450-292-5880
 🆓 Free



September 15 to October 30 (6 weeks) *

► 2x/week, Mondays: 3:30 p.m. to 4:30 p.m. and Thursdays: 4:45 p.m. to 5:45 p.m.

* No courses on Thursday, September 25 and Monday, October 13

Rehabilitation for knee and hip arthritis

Group course 2x/week, including educational sessions on how to manage your condition and therapeutic exercises supervised by a physiotherapy technologist.

📍 Sport Physio Plus - 550, Knowlton Rd.
 ☎ 579 438-8484 - admin@sportphysioplus.ca
facebook.com/SportPhysioPlus
 🆓 Subsidy available for residents of Lac-Brome (West Bolton, Brome)
 \$120 + tax, non-residents



Events calendar

Fall 2025

► Anytime

Events calendar

Reminder: find details of all the activities planned for this fall on the Town's website.

📍 lacbrome.ca/calendrier-des-evenements

SEPTEMBER



August 29 to September 1

Brome Fair

Annual fall agricultural fair and exhibition, which takes place in the tiny village of Brome.

📍 345, Stagecoach, Brome
 ☎ 4450 242-3976
bromefair.com



September 6 ► 8 p.m.

Marie-Pierre Arthur

Album bleu : Le spectacle

Stage beast with an intact mystery and an introspective aura, Marie-Pierre Arthur unveils her fifth full-length album in a performance that blends artistic depth with raw energy. Accompanied by her musicians, all driven by a strong artistic vision, she shapes the contours of her new compositions, interwoven with moments of musical improvisation. Each song has its own distinct hue, as the show navigates through waves of sonic intensity, from enveloping vocals to rock-infused crescendos, creating a rich and nuanced palette. The singer-songwriter punctuates these moments with selections from her repertoire, infused with her latest

inspirations. An invitation to dive into the subtleties and embrace the musical complexity.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
 ☎ 450 242-2270
theatrelacbrome.ca

**Antiques & Crafts
Markets by the Brome
County Historical
Society**



September 7 ▶ 9 a.m. to 4 p.m.

**Antiques & Crafts Markets presented
by the Brome County Historical Society**

A wide variety of antiques, including antique furniture, art, knick knacks, dishes, books, clothing, crafts, jewelry and many other treasures. Live music and canteen on site.

- 📍 Lac-Brome Museum - 130, Lakeside Rd.
- ☎ 450 243-6782 ext. 1 (Lisa), ext. 2 (Arlene)
lbelanger@shcb.ca / aroyea@shcb.ca
- 🌐 museelacbrome.ca
- 🆓 Free for the public.
- 📦 Rental space for vendors



September 10 ▶ 1 p.m.

**Atelier papier Washi technique
japonaise chez Art Lab 341**

Artist in residence from Toronto, Sharron Forrest

- 📍 Art Lab 341 - 341, Knowlton Rd.
- ☎ Michel Gamache : 514 237-0100
michelgamache7@gmail.com
- 💰 \$120, material included



September 19 ▶ 5:30 p.m. to 8 p.m.

Dance September

- 📖 Details on page 25



September 13 ▶ 8:30 a.m. to 12:30 p.m.

Harvest Festival at the Farmer's Market

Come celebrate the Harvest Festival with a delicious and creative morning! On the program: corn roast (10:30 a.m. to 12:30 p.m.), seed harvesting workshop (9:30

a.m. to 11:30 a.m.), and live sketching by the Knowlton Sketchers.

- 📍 48, Maple St.
- 🌐 lacbrome.ca/marche-public



September 13

**Secrets de scène
Gala bénéfice annuel**

All You Need to Know About Our Charity Gala Evening What is Stage Secrets? Stage Secrets is a brand-new concept created for TLB's Annual Gala. This festive evening under a marquee offers guests an immersive, free-flowing experience through the backstage of the Theatre. The artistic direction for the event is entrusted to Anita Bombita from Galerie

Blanka. Who are the artists? This concept doesn't feature a single artist but rather brings together a variety of talents: circus performers, dancers, and musicians will guide you through a playful, and intriguing performance.

- 📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
- ☎ 450 242-2270
- 🌐 theatrelacbrome.ca



September 13 ▶ 2 p.m. to 4 p.m.

**Autumn Benefit Concert for the Brome
County Historical Society**

Événement de collecte de fonds pour le Benefit event featuring the Community Singers, Laura & John Barr & the Barr Brothers, with songs from popular movies & Broadway.

Refreshments will be served after the concert.

- 📍 Knowlton United Church - 234, Knowlton Rd.
- ☎ 450 243-6782, ext. 1
- 🌐 museelacbrome.ca
- 💰 \$25



September 18 ► 7 p.m.

**Ciné-Club in collaboration with FIFA
My Way by Thierry Teston**

The film's narration, carried by Béatrice Dalle who embodies the music, one of the most covered in the world, gives My Way a unique dimension. The documentary traces the history of this legendary song, and explores its cultural impact across generations. With archive footage and never-before-seen anecdotes, it reveals the legacy of a song that has crossed

linguistic and temporal boundaries. My Way remains an anthem in music history. Officially selected for the Cannes Film Festival 2024.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
☎ 450 242-2270
theatreclacbrome.ca



September 19 ► 8 p.m.

Patrice L'Écuyer : "Après seulement 32 ans d'absence sur scène..."

Patrice L'Écuyer presents his very first one-man show titled "Après seulement 32 ans d'absence sur scène..." (After Only 32 Years Away from the Stage...). Humor has always played a significant role in his career, whether in "Bye Bye" (where he was a comedian in fourteen editions!), "L'Écuyer," "Prière de ne pas

envoyer de fleurs," the "Juste pour Rire" and "ComediHa!" galas, or the show "Merci beaucoup." But today, the beloved host for three decades is taking the stage alone for the very first time!

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
☎ 450 242-2270
theatreclacbrome.ca



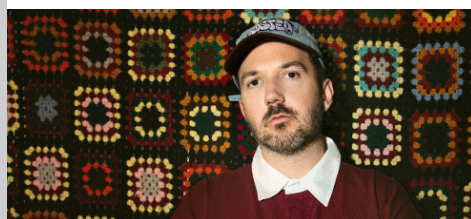
September 20-21

Les Friands

The gourmet festival Les Friands is back at Coldbrook Park for a second edition that promises to be delicious! On the menu: Tastings – Entertainment – Artisan Market – Live Music – Sidewalk Sale. Visit the event website to get your tasting coupons

in advance and enter the contest for a chance to win your VIP package – Les Friands - Ensemble Bar à Vin – Jay Scøtt show at Théâtre de Lac-Brome!

📍 Coldbrook Park
📞 tourismelacbrome.com/lesfriands



September 20 ► 8 p.m.

**Jay Scøtt
Toutes les rues sont silencieuses**

Jay Scøtt is a Terrebonne-born singer-songwriter. His musical multitasking includes rap writing, singing, piano, guitar and ukulele (which he plays backwards) and beatmaking. Formerly known under the stage name PL3, the artist has been active on the Montreal scene for a decade now. Jay Scøtt's versatility and eclecticism give a burst of flavor to his pop soundtracks that tease rap and folk. The narrative

of his songs praises the daily life of the average Quebecer through touching lyrics, references to popular culture and catchy melodies, all sailing together towards an eternal pursuit of happiness, and this, despite the emotional lows that this life suggests...

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
☎ 450 242-2270
theatreclacbrome.ca



September 27

Road Block of Club Optimiste de Lac-Brome

In case of bad weather, it will be postponed to September 28 or October 4.

📍 Corner Lakeside and Knowlton Roads in Knowlton

September 26 ► 7 p.m.

Journée de la culture, danse La Reverdie

Direct from France, Théâtre de Lac-Brome proudly presents-for the very first time-an international dance company performing free of charge as part of the Journées de la culture. About the Piece: La Reverdie is a contemporary fable following two beings with fluid, inclusive identities-one blue-skinned, the other yellow. Their story explores the deep interdependence among all living beings, essential for

maintaining balance and a shared living space. Their encounter gives rise to a new green skin-a symbol of metamorphosis, both personal and collective-revealing the power of what can be created together. After the performance, a discussion on environmental issues will follow, in French.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
☎ 450 242-2270
theatrelacbrome.ca

September 27 ► 8 p.m.

CCR Reborn

Rock and roll, country, and blues fans, get ready to be blown away by The Musical Tribute to Creedence Clearwater Revival! This electrifying show will have you on your feet with an unforgettable lineup of classic hits. With breathtaking staging, outstanding performances, and a group of

passionate musicians and singers bringing boundless energy to the stage, expect a night of pure entertainment that will thrill, captivate, and mesmerize - guaranteed fun for all!

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
☎ 450 242-2270
theatrelacbrome.ca

October 3 ► 8 p.m.

Yannick Rieu Jazz-Brahms

In this project, Yannick Rieu draws inspiration from the spirit of Brahms, while transcending the limits of his harmonic and formal language. The specter of Johannes Brahms, a major figure of musical romanticism, fuels Rieu's themes, also giving rise to spontaneous exchanges, essential characteristics of jazz. "Symbiosis" thus embodies the desire

to merge seemingly disparate styles, highlighting the link between lyricism and musical narration. This approach offers a poetic vision of Yannick Rieu, exploring musical fusion and reinterpreting the legacy of Brahms in the light of contemporaneity.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
☎ 450 242-2270
theatrelacbrome.ca

October 4 to 12

Celtic Harmonies International Festival Celebrating Nature Through Music, Dance and the Arts

Biennial Festival presenting some of the world's best Celtic musicians from Ireland, Scotland, Brittany, Canada's East Coast, and Québec. 9 consecutive days of music and dance, workshops, master classes and lectures, plus activities to help

people reconnect with nature. Let Nature Soothe Your Soul. Let the Music Feed Your Imagination. The programme will be unveiled by August 29, 2025. Tickets will be available online and by phone.

☎ 450 292-3456, ext. 227 - info@celticharmonies.ca
harmoniesceltiques.ca (FR)
celticharmonies.ca (EN)

October 14 ► 9 a.m. to noon

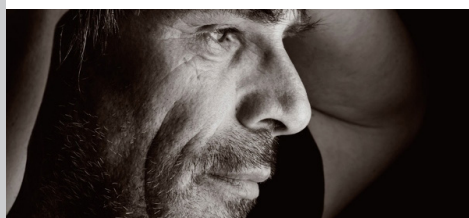
Seniors Day

Join us for Seniors' Day, in partnership with ACLB and the Alzheimer Society of Haute-Yamaska and Brome-Missisquoi. Enjoy workshops, information booths, and

tasty treats over tea or coffee.

📍 Centre Lac-Brome - 270, Victoria St.
🆓 Free

OCTOBER





From October 15 to December 31

**The Lions Club
Fundraising Campaign**

The Lions Club Fundraising Campaign once again seeks your support for our community work. Donate online via canadahelps.org - search key words

"Lions Club Knowlton" or mail cheques to Box 3766, Knowlton, QC J0E 1V0.



October 15 ► 7 p.m.

**Ciné-Club
Ma mère, Dieu et Sylvie Vartan
by Ken Scott**

In 1963, Esther gave birth to Roland, the youngest child in a large family. Roland was born with a club foot that prevented him from standing upright. Against everyone's advice, she promised her son that he would walk like everyone else and have a wonderful life. From then on,

Esther would stop at nothing to keep that promise. Through decades of trials and miracles, this film tells the true, funny, and moving story of an incredible desUny and the greatest love there is: that of a mother for her child.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
☎ 450 242-2270
theatreclacbrome.ca



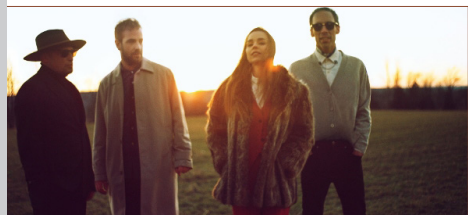
October 16 to 18

Knowlton Literary Festival 2025

The Knowlton Literary Festival is the sole English-language literary festival between Montreal and Quebec City, and programming seeks to celebrate and contribute to the literary culture of the English-speaking community. Once again, we are thrilled that there is so much enthusiasm and interest in the

2025 Festival, and we are looking forward to welcoming you to our community. Keep tuning in for exciting announcements and updates.

📍 knowltonliteraryfestival.ca



October 17 ► 8 p.m.

**Mentana
Rise From the Wreck**

Mentana is a Montreal-based band whose cinematographic folk takes the listener on a journey in the midst of stirring narratives that weave and unfold like short films. Robin-Joël Cool's signature gritty, raspy vocals and driving guitars are at the centre of their sound, while Viviane Audet's velvety piano and angelic backing vocals round out the higher register. The rhythm section, comprised of Yannick

Parent on drums (Vulgaires Machins, Josianne Paradis) and Erik West-Millette on bass (West Trainz, Neil Young, over 200 sound recordings, 50 as producer/composer) chugs along languorously on certain tracks and charges like a runaway train on others.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
☎ 450 242-2270
theatreclacbrome.ca

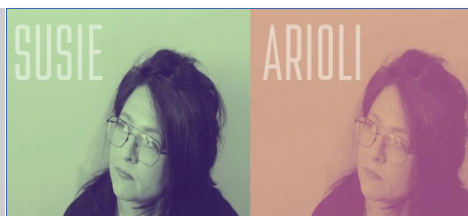


**Installation between Friday, October 17 and before Sunday, October 26, 2025!
Dismantling by Sunday, November 16 at the latest**

**The Witches' Ball!
Fairy Trail Decoration**

Make your own original Halloween decoration and install it on the fairy trail. Decoration contest! Prizes to be won!

📍 Coldbrook Path
✉ info@hors-cadre.ca
facebook.com/groups/sentierfeerique
🆓 Free



October 18 ► 8 p.m.

**Susie Arioli
Embraceable Tour**

Susie Arioli returns to the stage with the Embraceable You Tour, a spellbinding show where she unveils the songs from her tenth album, *Embraceable*, as well as selections from her previous release,

Spring, not to mention the timeless classics that have marked her years on tour.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
☎ 450 242-2270
theatrelacbrome.ca



October 22 ► 1:30 p.m.

**L'UTA à l'antenne de Brome-Missisquoi
– Tintin et le monde d'Hergé**

A cultural phenomenon and cult figure for almost 100 years, the Tintin character is known the world over and remains the most widely read comic strip in history. Little did the young Georges Rémy (alias Hergé) know that his little reporter would become an idol in his own right. This is Michel Morin's account of Hergé's difficult career as a cartoonist, as well as a rereading of the adventures of Tintin.

📍 Centre Lac-Brome - 270, rue Victoria
📞 Anyone wishing to register for activities may, at their option :
- register online starting August 27, at 10 a.m., by completing the registration form;
- attend the registration session on August 27, 2025, from 10 a.m. to 11:30 a.m. at the Cowansville Library, Pauline-Martel Room
For the complete program, visit usherbrooke.ca/uta/prog/estrie/brm
💰 \$10



October 23 ► 8 p.m.

Comedy Club Lac-Brome

Experience a night of laughter brought to you by Montreal Comedy Club at Theatre Lac-Brome. Montreal Comedy Club is known for delivering top-notch comedy, featuring a lineup of talented comedians who bring their unique style and humor to the stage. A comedy club night is all about enjoying a relaxed atmosphere where surprise comedians share their funniest stories, clever observations, and quick-witted jokes. It's an evening where the audience becomes part of the show, with each performance tailored to keep everyone laughing out loud. So grab your

friends and head to Lac-Brome for an unforgettable night of comedy, hosted by Montreal Comedy Club, where laughter is always the main event. Two-for-one on beer starting at 7 p.m. at the TLB bar.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
☎ 450 242-2270
theatrelacbrome.ca



October 24 ► 5:30 p.m. to 8 p.m.

Dance October

📖 Details on page 25



October 24

**Application forms for the Lions Club
Christmas Baskets (Gift Cards)**

Application forms for the Lions Club Christmas Baskets (Gift Cards) will be available at the Centre Lac Brome and must be returned by November 21.

📍 Centre Lac-Brome - 270, Victoria St.
☎ 450 242-2020, ext. 301



Benefit Live & Silent Auction for the Lac-Brome Museum

"Bring & Bid"

Encaissement en direct et silencieux pour le Musée Lac-Brome



October 25 ► 5 p.m. to 9 p.m.

"Bring & Bid" 2025

Join us for an evening of fun, food & drinks. Valued items are auctioned to support the Brome County Historical Society and Lac-Brome Museum.

📍 Elderberry Farm - 851, Knowlton Rd.
 ☎ 450 243-6782, ext. 1
 info@shcb.ca
museelacbrome.ca



October 25 ► 8 p.m.

Elisabeth St-Gelais, soprano and Louise Pelletier, piano

Titled "Les amours et la vie d'une femme" (The Loves and Life of a Woman), this concert features Elisabeth St-Gelais accompanied by pianist Louise Pelletier. She will perform works by composers including Schumann. The detailed repertoire will be published at a later date.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
 ☎ 450 242-2270
theatrelacbrome.ca



October 31 ► Noon

Wellness Volunteer Centre / Thanksgiving and Halloween Lunch

Limited seats.
 Reserve before October 24.
 Transport available.

📍 Centre Lac-Brome - 270, Victoria Rd.
 ☎ Registration : 450 242-2020, ext. 301
 ☎ Contribution: \$5
 For all VLB seniors



October 31 ► 5 p.m. to 8 p.m.

Candy distribution

Put on your best costume and come play a role during the candy distribution. Costume contest! Prizes to be won!

📍 In front of Coldbrook Park
 ☎ Registration: info@hors-cadre.ca
facebook.com/groups/sentierfeerique
 ☎ Free

November 1 ► 8 p.m.

Michelin

It was almost named Michelin. His sister prevented the catastrophe: "Come on, it's not a tire." 40 years later, now a director and actor, Michel-Maxime decided to write about his family. From the family farm in St-Polycarpe to the stage, there's a gap that the man decided to cross. With the simplicity of a storyteller striving to make peace with his origins, he revisits the experiences that shaped his identity, while sharing his thoughts on masculinity, mental health and homosexuality. An "irresistible autobiographical solo" (Le Devoir), Michelin speaks with humor and tenderness about identity, dreams, the passage of time, but above all, the love of a family.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
 ☎ 450 242-2270
theatrelacbrome.ca





November 9 ► 9 a.m. to 1 p.m.

Knowlton Lions Club Remembrance Day Breakfast

To honour veterans on Remembrance Day the public is invited to Knowlton Academy for the annual Lions Brunch between 9 a.m. and 1 p.m.

📍 Knowlton Academy
81, Victoria St., Knowlton
📞 In exchange for a donation



November 14 ► 5:30 p.m. to 8 p.m.

Dance November

📖 Details on page 25



November 19 ► 8 p.m.

Gowan

The return of the strange Animal

Singer-songwriter, pianist, outstanding showman, and exceptional artist, Gowan is the creator of the classics A Criminal Mind, (You're a) Strange Animal, Cosmetics, All The Lovers In The World, Dancing On My Own Ground, and Moonlight Desires. He made a significant breakthrough in Quebec in 1997 with his version of the

timeless Pour un instant by Harmonium, which appeared on his Live au Québec album, celebrating its 25th anniversary in 2022. A new limited-edition vinyl of the album is available at his concerts.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
📞 450 242-2270
theatrelacbrome.ca



Friday, November 21 ► 9 a.m. to 6 p.m.

Saturday, November 22 ► 9 a.m. to 4 p.m.

Sunday, November 23 ► 9 a.m. to 4 p.m.

Lantern workshops

The Lantern Decoration Workshop will return this November at the Centre Lac-Brome.

(Details to follow on social networks).

📍 Centre Lac-Brome - 270, Victoria St.
📞 info@hors-cadre.ca - 450 242-1908
📖 Free



November 21

Last day for Christmas Basket (Gift Cards) applications to be returned

Last day for Christmas Basket (Gift Cards) applications to be returned to November 21 Centre Lac Brome.

📍 Centre Lac-Brome - 270, Victoria St.
📞 450 242-2020, ext. 301



November 21 to 23

Family Festival Court-circuit

A brand new bilingual festival for families will be launched this fall: Court-circuit, an initiative of Théâtre Lac-Brome (TLB), in collaboration with several cultural partners from Brome-Missisquoi and Haute-Yamaska in Sutton, Lac-Brome, Waterloo, and Cowansville. Designed as an annual cultural event, the festival is primarily aimed at families in the region, with programming specifically designed for children aged 4 to

11 for this first edition. The artistic direction of Court-circuit is provided by Pierre-David Rodrigue, general and artistic director of TLB, in collaboration with Dave Jenniss, in order to offer rich, relevant artistic proposals adapted to young audiences.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
📞 450 242-2270 - theatrelacbrome.ca



November 27 ► 8 p.m.

Comedy Club Lac-Brome

Experience a night of laughter brought to you by Montreal Comedy Club at Theatre Lac-Brome. Montreal Comedy Club is known for delivering top-notch comedy, featuring a lineup of talented comedians who bring their unique style and humor to the stage. A comedy club night is all about enjoying a relaxed atmosphere where surprise comedians share their funniest stories, clever observations, and quick-witted jokes. It's an evening where the audience becomes part of the show, with each performance tailored to keep everyone laughing out loud. So grab your

friends and head to Lac-Brome for an unforgettable night of comedy, hosted by Montreal Comedy Club, where laughter is always the main event. Two-for-one on beer starting at 7 p.m. at the TLB bar.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
☎ 450 242-2270
theatrelacbrome.ca



November 29 ► 8 p.m.

Fuso

Fuso, an accomplished artist with numerous radio hits in Quebec, has also made waves on Francophone airwaves in France, with his flagship song "Love" broadcast in thirteen countries worldwide. Accompanied by his musicians, he will perform tracks from his latest album "Leela", as well as his greatest hits such as "Frère", "Coffee", "Ici maintenant", and many more, skillfully blending pop and reggae influences.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
☎ 450 242-2270
theatrelacbrome.ca



**Saturday, November 29 and Sunday, November 30
► 10 a.m. to noon**

The World of Gnomes and Fairies in the fairy trail

Make an original decoration and place it on the Fairy Trail starting November 17. Installation of creations, lights, and Christmas balls on the Fairy Trail with volunteers Saturday, November 29 and Sunday, November 30, from 10 a.m. to noon.

Decoration contest!
Prizes to be won!

📍 Fairy Trail
✉ info@hors-cadre.ca
facebook.com/groups/sentierfeerique



Reminder

Winter 2026 Issue

Don't forget to submit your events planned for Winter 2026 in time and allow your info to appear in our next « Events Calendar ».

☎ For information: 450 242-2280
info@lacbrome.ca

CLASSES - FALL 2025

Classes	Schedule	Location - Dates	Cost	Information
Theatre Discovery (ages 6-9)	Thursday 5 p.m. to 6 p.m.	Centre Lac-Brome Oct. 2 to Nov. 20	Session : \$125 (8 weeks)	Brenda Carr - Come and play fast-paced relay games, guessing games, move with music and create statue pictures of places and things. Be an animal, a silly human, a scary alien and a powerful monster. Create your own stories. Clown, improv, mime and movement.
Theatrical Adventure (ages 9-14)	Thursday 6 p.m. to 7 p.m.	Centre Lac-Brome Oct. 2 to Nov. 20	Session : \$125 (8 weeks)	Brenda Carr - Create your own show through fast-paced games and acting games. Tell your story through theatre arts and your own wonderful imagination. Be your favourite characters, go on adventures together with new and old friends. Explore mysterious worlds! Follow quests! Go on secret missions! Anything is possible!
Outdoor Soccer Workshop (ages 4-6)	Thursday 5:30 p.m. to 6:20 p.m.	Lions Park Sept. 18 to Oct. 30	Session : \$90 (7 weeks)	7 Sports - This program introduces children to the fundamentals of soccer in a fun and engaging environment. Perfect for a first experience before joining a league, it is offered once a week and tailored to the participants' age group. Each session begins with a warm-up, followed by 2 to 3 playful drills targeting 3 to 5 technical skills per week, mixed with group games. Children then take part in a 5 to 15-minute intra-team match, led by a coach-referee who teaches soccer skills while gradually introducing the rules of the game.
Outdoor Soccer Workshop (ages 7-12)	Thursday 6:30 p.m. to 7:20 p.m.	Lions Park Sept. 18 to Oct. 30	Session : \$90 (7 weeks)	7 Sports - This recreational course allows youth to develop both individual and team skills while having fun. Ideal for beginners or as preparation before joining a league, it is offered once a week and adapted to the participants' age group. Each session starts with a warm-up, followed by 1 to 3 drills focusing on technical and tactical skills, and ends with a 25 to 35-minute match. Official rules are gradually introduced. A coach-referee leads the group, teaching skills, encouraging teamwork, and fostering collective enjoyment.
Outdoor Ball Hockey Workshop (ages 5-7)	Tuesday 5:30 p.m. to 6:20 p.m.	Lions Park Sept. 16 to Oct. 28	Session : \$90 (7 weeks)	7 Sports - This workshop introduces children to the basics of the game in a fun and dynamic environment. Each session blends learning and enjoyment, with activities adapted to their age. Every session includes a warm-up, 2 to 3 playful drills to build technical and motor skills, and a 10 to 30-minute intra-team match. A coach-referee is present to guide, teach skills, and gradually integrate the rules.

Children

Classes	Schedule	Location - Dates	Cost	Information
Outdoor Ball Hockey Workshop (ages 8-12)	Tuesday 6:30 p.m. to 7:20 p.m.	Lions Park Sept. 16 to Oct. 28	Session : \$90 (7 weeks)	7 Sports - This workshop offers youth a dynamic environment blending individual and team challenges. Each session, is split between practice and gameplay to promote both technical development and collective enjoyment. Participants will take part in 1 to 3 drills focused on building their skills, followed by a 20 to 40-minute intra-team match. A coach-referee will guide the game, teach techniques, gradually integrate the rules, and encourage individual growth.
Gymnastics (ages 5-11)	Monday 6 p.m. to 7:30 p.m.	St-Édouard School Sept. 29 to Dec. 8	Session : \$240 (11 weeks)	Isabelle Giasson - Develop the skills, confidence and passion of gymnastics while having fun! To register for this course, please contact Isabelle Giasson by email or by phone. Email : academieisabellegiasson@hotmail.com Phone : 450-919-1095

Adults

Classes	Schedule	Location - Dates	Cost	Information
Balance for seniors	Tuesday and Thursday 2:15 p.m. to 3:15 p.m.	Centre Lac-Brome Sept. 16 to Dec. 11	Session : \$150 (12 weeks - 24 classes)	Andrea Wilson - Exercises designed to prevent falls and increase your confidence. Offered in partnership with the Wellness Volunteer Centre for Seniors. For beginners - Ages 65+
Fitness for seniors	Tuesday and Thursday 1 p.m. to 2 p.m.	Centre Lac-Brome Sept. 16 to Dec. 11	Session : \$150 (12 weeks - 24 classes)	Andrea Wilson - Strength, balance and aerobic exercises to stay fit for everyday life. Offered in partnership with the Wellness Volunteer Centre for Seniors.
Fit for life	Tuesday 3:30 p.m. to 4:30 p.m.	Centre Lac-Brome Sept. 16 to Dec. 9	Session : \$168 (12 weeks) Per class : \$20	Andrea Wilson - Fun, motivating, no-fuss fitness class for active adults. Suggested for ages 55+ and anyone looking for a low impact workout.Moderate intensity.
Fit for life	Thursday 3:30 p.m. to 4:30 p.m.	Centre Lac-Brome Sept. 18 to Dec. 11	Session : \$168 (12 weeks) Per class : \$20	Andrea Wilson - Fun, motivating, no-fuss fitness class for active adults. Suggested for ages 55+ and anyone looking for a low impact workout.Moderate intensity.
Tai-Chi Chuan	Monday 1:30 to 3 p.m.	Centre Lac-Brome Sept. 15 to Dec. 1	Session : \$176 (11 weeks)	Guy Côté - Gentle, precise movements helping to develop strength, flexibility and increase overall well-being.

More on the next page

Classes	Schedule	Location - Dates	Cost	Information
Badminton	Tuesday 6 to 8 p.m.	St-Édouard School Sept. 16 to Dec. 9	Session : \$20 (13 weeks)	Open practice without teacher. For all levels.
Comedy Improv for Adults (ages 20 +)	Thursday 4 p.m. to 5 p.m.	Centre Lac-Brome Oct. 2 to Nov. 20	Session : \$125 (8 weeks)	Brenda Carr - Just for fun - no experience necessary! In the style of television improv shows - fast-paced improves to make you laugh and play with new and old friends - let go of inhibitions and realize your own special creativity. Participants may develop short pieces for future performances. Come and play!

Classes location

Centre Lac-Brome : 270, Victoria St.
École St-Édouard : 376, Lakeside Rd.
Lions Park : 37, Centre Rd.
Lions Park : 270, Victoria St.

Family Discount

Save 5% on the total bill if two or more children register at the same time, for recreational classes.

Information

Places are limited depending on the group.
Registration is on a first come, first served basis.

From September 1st to September 14th

REGISTRATION

Online

Registration at lacbrome.ca/loisirs
Full payment by credit card upon registration.

In person

At Centre Lac-Brome (270, Victoria St.)
Monday - Thursday from 10 a.m. to noon and from 1 p.m. to 4:30 p.m.
Friday from 8 a.m. to noon
Full payment by credit card, cash or cheque upon registration.

450 242-2020 - info@loisirs.lacbrome.ca





ACTIVITÉS CBH - AUTOMNE 2025

Pour plus d'info: www.clubdelabonnehumeur.ca info@clubdelabonnehumeur.ca

fadoq

Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi
ESSETRICS avec Sophie Deshaies 8 h 30 à 9 h 30 15 sept. - 12 sem - 104 \$ pour info : Martine Martel 450-242-2827	ATELIER DE CUISINE 8 h 45 / 1e mardi du mois Débute le 2 sept Invitation via l'infolettre	ESSETRICS avec Sophie Deshaies 8 h 30 à 9 h 30 17 sept. - 13 semaines 112 \$	YOGA sur CHAISE avec Cindy Cleary 9 h à 10 h / 95 \$ 18 sept. - 12 sem pour info: 450-243-5620	NOUVEAUTÉ CERCLE D'ÉCRITURE le 4e vendredi du mois Débute le 26 sept. Gratuit info : Jacinthe Grondin 450-243-5620 Invitation via l'infolettre	PICKLEBALL Horaire, lieu et coût seront confirmés via l'infolettre
LA CHORALE DU CBH avec Cécile Allemand 10 h à 11 h 30 15 sept. - 10 sem 120 \$ Portes ouvertes - 15 sept. pour info : Louise Morier 450-243-5620	DICTÉE du CBH 9 h 30 / 3e mardi du mois Débute en octobre Invitation via l'infolettre	PETITES QUILLES 9 h 30 3 sept - 16 sem 12 \$ /partie	LES AMIS DES SENTIERS info : Richard Dubois 450-242-1003	COURS DE BRIDGE INTERMÉDIAIRE NO.1 avec Robert Choquette 9 h à 11 h 00 5 sem - 60 \$ Débute le 12 sept.	NOUVEAUTÉ ATELIER DE 4 h PERCUSSIONS AFRICAINES (DJEMBÉ) avec Bruno Roy 20 septembre - 10 h 60 \$ info : Sylvie Patenaude 450-243-5620
BRIDGE DUPLICATE 13 h 30 à 17 h 24 \$ / année Resp : Jean Plaisance 450-243-0010	DANSE EN LIGNE avec Murielle Verreault Débutant 2-intermédiaire 13 h - 14 h 30 16 sept- 14 sem - 80\$ pour info ; 450-243-5620	BRIDGE DUPLICATE 13 h 30 à 17 h	PICKLEBALL - Vélodrome 11 h à 13 h / 105 \$ 09 octobre - 10 sem Info - Dominique Martin 514-919-7349	COURS BRIDGE DÉBUTANT avec Jean Plaisance 13 h - 15 h - 60 \$	Code des couleurs
PICKLEBALL Horaire, lieu et coût seront confirmés via l'infolettre	SCRABBLE DUPLICATE FRANÇAIS 15 h - Gratuit	BILLARD & JEUX DE RÉFLEXION 19 h à 21 h - Gratuit 17 sept - 14 sem	NOUVEAUTÉ JEU - LE SAVEZ-VOUS ? Détails à venir	LES VENDREDIS, PLACE AUX JEUX ! 13 h 30 26 septembre Gratuit Responsable Yvan Deslandes & Marie Trillat 450-658-6773	MATIN
		PICKLEBALL Horaire, local et coût seront confirmés via l'infolettre	NOUVEAUTÉ ÉCOUTEZ COMME C'EST BEAU Détails à venir 3e jeudi du mois - 19 h 30		APRÈS-MIDI
					SOIR

Dances ► Fall 2025

Ages 9-14

LET'S GET GROOVY

Back to School Dance

FRIDAY, SEPTEMBER 19TH, 2025
5:30-8:00 PM

BROME LAKE COMMUNITY CENTER
270 VICTORIA KNOWLTON

FREE ENTRY!

SNACKS AVAILABLE FOR PURCHASE ON SITE

September 19
► 5:30 p.m. to 8 p.m.

October 24
► 5:30 p.m. to 8 p.m.

AGES 9-14

PLEASE JOIN US FOR A

Halloween Dance

24

OCTOBER
5:30 - 8:00 PM

Brome Lake Community Center
270 Rue Victoria, Knowlton

FREE ENTRY!

SNACKS AVAILABLE FOR PURCHASE ON SITE

AGES 9-14

WESTERN DANCE

NOVEMBER 14TH
5:30-8:00 PM

BROME LAKE COMMUNITY CENTER
270 RUE VICTORIA
KNOWLTON

FREE ENTRY

SNACKS AVAILABLE FOR PURCHASE ON SITE

November 14
► 5:30 p.m. to 8 p.m.



ACTION COMMUNAUTAIRE LAC-BROME

Senior Fall activities

Centre Lac-Brome

INFORMATION AND REGISTRATION

Marta Gubert Gomes
Senior Activities Coordinator
aines-seniors@aclb.ca



MONDAYS - LINE DANCING
October 20 to December 15, 10 am to 11 am
Price: \$20 for the session
Facilitator: Debbie Bailey



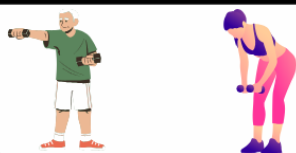
TUESDAYS- KNITTING AND CROCHET CIRCLE
October 21 to December 16, 6 pm to 8 pm
Price: Free



WEDNESDAYS - ZUMBA
October 22 to December 17, 10 am to 11 am
Price: \$20 for the session
Facilitator: Debbie Bailey



THURSDAYS - CHAIR YOGA
October 16 to December 4, 10:30 am to 11:30 am
Price: \$20 for the session (limited places)
Facilitator : Cindy Cleary



FRIDAYS - STRENGTH AND STABILITY
October 17 to December 12, 10 am to 11 am
Price: \$20 for session (limited places)
Facilitator: Jennifer Comtois Dufresne



COLLECTIVE KITCHEN
October 16 and 17 from 9am to noon
December 4 and 5 from 9 am to noon
Price: \$5 (limited places)



SENIOR OUTREACH WORKER MEET AND GREET
October 24 and November 20, 9am to 10 am
Centre Lac-Brome - splash pad entrance



As a senior community outreach worker, I am here to support seniors in our community and act as a bridge between you and various resources and services available.
If you are over 50 years old and are going through a difficult situation, need someone to talk to, or would like to discover the services available in the area, contact me.
I am here to listen, inform, and support you in your efforts.